

# PaigeHudginsInteriorDesign

...repurpose, renew, reuse!

March 8, 2014

Dear Terisha,

I just wanted to follow up a year later with a new thank you from me. You've now helped all three of my sons with their back problems.

You continue to help Will keep his back healthy so that he can swing a bat and cleanly field a ball at third base...keeping his knotted back muscles loose is key to his performance. Not sure what he's going to do without you next year at Georgia Southern where he'll be playing baseball thanks to you.

Unfortunately, Josh our youngest son had the same lower back problems that Will had related to a pars fracture. You were able to give him immediate relief. His six months of rehab have been productive...he had two homeruns in his last game, one was a grand slam.

Our oldest is in college at Tallahassee, he told me the other day his most recent massage was not to your quality. He misses you. Jake's an avid weight lifter and crossfit junky. He's an intern with the FSU Football Strength and Conditioning Department. He truly sees the benefit that you provide to athletes helping them maintain a health body.

Thanks so much...you're the BEST!  
Paige Hudgins